



# Rockaway WISH

## Women Inspired to Support and Help

### Winter 2016 Newsletter

This past May WISH sponsored our first annual Shining Stars event for young girls aged 10 to 14. This workshop focused on helping the young girls with their self-esteem and confidence. Over 50 young ladies participated and had a great time. We asked Maisie Courtney to share her experience and here is her story:



MAISIE WITH HER MOM, LORETTA COURTNEY, WISH VP, AT THE SHINING STARS EVENT.

My experience in Shining Stars was amazing. We started with some yoga exercises to warm ourselves up physically and mentally. I was a little shy at first, but the yoga got me excited to see what we were going to do next. All of us got the chance to make string bags. I decorated mine with sparkles and sharpies. We played with hula-hoops that were homemade next. Shining Stars gave us the instructions on how to make them, too. After this, we split into groups. Half of us made "Salad in a jar" and the other half decorated journals. Salad in a jar was fun. We cut up all of our favorite vegetables and added lettuce and dressing. Making a journal was cool, too. We used washi tape, sharpies, labels with quotes on them, and stickers. My favorite part was when we got to dress up in masks and sing songs. I really had a great day.



# Top 10 WISH Happenings in 2015

10. WISH Summer League Team won the championship for the 5th year in a row.
9. The return of Treats with Santa & WISH Rocks.
8. Mother's Day flower delivery & nursing home visit.
7. The new Stop & Shop donated \$2000 to WISH.
6. Three ladies ran the NYC Marathon and five ran the Half-Marathon to fundraise for WISH.
5. WISH Mah Jong and Paint nights, great new events that brought great new members.
4. WISH Shining Stars inspired a younger generation.
3. WISH recognized as Charitable Organization of the Year by the Queens Ladies Ancient Order of Hibernians.
2. Successful fundraisers, such as Ladies Who Brunch & Red, WISH, & Blue, that will allow us to continue to help.
1. WISH helped 67 families/individuals in need this year and supported 35 fundraisers, schools, or organizations.



A YEAR OF AMAZING EVENTS!



TREATS WITH SANTA



LADIES WHO BRUNCH HONOREES, PATTI GILLESPIE, MAURA BUCKLEY, & HEIDI GREY WITH THEIR SUPPORTERS.